## Identity Theft and Fraud

## What To Do If You Become A Victim

- Call the Sheriffs non-emergency line to report the crime.
- Contact the Identity Theft Counsel and the Federal Trade Commission to report the problem.
- Keep a log of all your contacts and make copies of all documents.
- Contact all 3 credit bureaus to inform of the crime and put a freeze on your credit file.
- Alert your banks to flag your accounts to detect any unusual activity.
- Call the DMV to make sure another license hasn't been issued in your name.


## Resources

## Human Services Department- County of Sonoma

 Adult \& Aging ServicesThe Adult and Aging Services Division works with individuals and the community to ensure the safety and well-being of vulnerable adults. Staff provides protective and supportive social services as well as community training and coordination.
707-565-5900
www.sonoma-county.org

## Council on Aging

Enhancing the quality of life for Sonoma County's aging community by providing services that promote well-being and maintain independence. 707-525-0143
www.councilonaging.com

## Sonoma County 2-1-1 Community Resource

 DirectorySonoma County 2-1-1 is staffed by volunteers who provide the link between people who have needs with the services that can alleviate those needs. Call Specialists are available 24/7, every day of the year. Si llama hablamos Español.
Dial: 2-1-1
www.211sonoma.org

## SONOMA COUNTY SHERIFF'S OFFICE

Sheriff-Coroner Eddie Engram



2796 Ventura Ave Santa Rosa, CA 95403 sonomasheriff.org


## Important Phone Numbers

Emergency .9-1-1
Dispatch (Non-Emergency).............................565-2121
Business Line (Non-Emergency)......................565-2650
River Sub-Station.........................................869-0202
Sonoma Valley Sub.......................................996-9495

## SONOMA COUNTY SHERIFF'S OFFICE <br> Senior Safety



In partnership with our communities, we commit to provide professional, firm, fair, and compassionate public safety services with integrity and respect.

SONOMASHERIFF.ORG

## Be Alert When Out and About

## Safer Seniors

As people grow older, their chances of being victims of crime decrease dramatically. However, the physical problems associated with aging can often make older Americans fearful and trapped in their own homes.
Experience has made them aware of possible burglary or physical attacks, but new crimes - fraud and scams

- have become the greatest threat to seniors' well being and trust.

Do you want to learn about crime targeting seniors?
Take these common-sense precautions.


## Don't Be Afraid to Call For Help

- We are here to help you. Don't ever worry about calling.
- Report any crime or attempted crime.
- Report any suspicious activity.

Sheriff's Dispatch 707-565-2121

- Go with friends or family, not alone.
- Carry your purse close to your body, not dangling by the straps. Put a wallet in an inside coat or front pants pocket.
- Don't carry credit cards you don't need or large amounts of cash.
- Keep car doors locked, whether you're a passenger or driver. Be particularly alert in parking lots and garages. Park near an entrance.
- If someone or something makes you uneasy, trust your instincts and leave.


## Make Your Home Safe and Secure

- Install good locks on doors and windows and use them. Don't hide keys in mailboxes and planters or under doormats. Instead, leave an extra set of keys with a neighbor or friend.
- Ask for photo identification from service or delivery people before letting them in the door. If you are the least bit worried, call the company to verify.
- Be sure your street address number is large, clear of obstruction, and well-lighted so police and other emergency personnel can find your home quickly.
- Consider a home alarm system that provides emergency monitoring for burglary, fire, and medical emergencies.


## Watch Out for Con Artist

- Don't fall for anything that sounds too good to be true - a free vacation; sweepstakes prizes; cures for cancer and arthritis; a lowrisk, high yield investment scheme.
- Never give your credit card, phone card, Social Security, or bank account number to anyone over the phone. It's illegal for telemarketers to ask for these numbers to verify a prize or gift.
- Don't let anyone rush you into signing anything an insurance policy, a sales agreement, a contract. Read it carefully and have someone you trust check it over.
- Beware of individuals claiming to represent companies, consumer organizations, or government agencies that offer to recover lost money from fraudulent telemarketers for a fee.
- If you're suspicious, check it out with the police, the Better Business Bureau, a trusted family member or your local consumer protection office.



## Get Involved in the Community

- Report any crime or suspicious activities to law enforcement.
- Join a Neighborhood Watch to look out for each other and help the police.
- Work to help improve your neighborhood. Volunteer as a citizen patroller, tutor for children, mentor for teens, or escort for individuals with disabilities.

